

**Friday 29<sup>th</sup> April**

Dear parents and Carers,

From September 2020 it became compulsory for all primary schools to have Relationships Education in place for our children. As a primary school, we have an obligation to teach children from Year 1 to Year 6 about aspects of relationships throughout the whole year. The key parts of this curriculum are:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

In addition to the above, we have decided as a school to teach SRE -Sex, Relationship Education, during the summer term throughout the school. We will use the Science National Curriculum to explore the compulsory content of external body parts, the human body as it grows from birth to old age, puberty and reproduction in some plants and animals. We have also decided to use the Jigsaw PSHE scheme of work to supplement this content further. As a school, we strongly believe that this is an important aspect of a child's education, as it explores what a healthy relationship is, the correct name for body parts and how our bodies change as we grow older. The Jigsaw scheme of work supplements the National Curriculum and builds up year by year, at an age-appropriate level. This part of the curriculum is not compulsory, but we believe it is very important.

As a parent or carer, you do have the right to request your child is removed from parts of the Sex Education programme, but we feel confident that the content is both relevant and age-appropriate for each year group. It is important to clarify that withdrawal of your child would only be considered for the content that is not part of the statutory Science National Curriculum, which includes content on human development, including reproduction.

To help you understand what will be taught in the Summer term, an overview of the content has been attached below. We wanted to share with you what is planned to be taught, so you can look at this in depth and to prepare to support your child with this content, should they want to discuss this further at home. I have also attached some example images, the teachers will be using.

We also thought it would be useful to parents, for the teachers to inform you of the week they plan to teach this curriculum next term, so you can be prepared to support your child further. An email will be sent the week before to give you notice of this content.

If you would like to discuss this further with either myself, or your child's class teacher, please do not hesitate to call our school office on the number above to make an appointment.

Kind regards,

Claire Roberts  
Associate Head of Academy



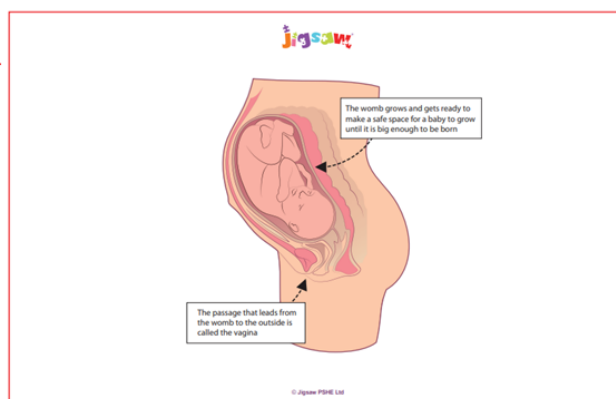
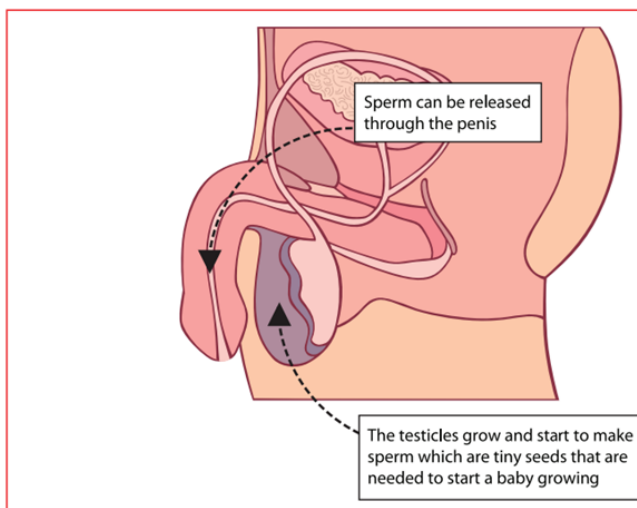
## Changing Me Puzzle Map - Ages 9-10

Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1. Self and Body Image	R15, R25, R26, R27, H5, H6, H10, H18	I am aware of my own self-image and how my body image fits into that	I know how to develop my own self esteem
2. Puberty for Girls	H34	I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally	I understand that puberty is a natural process that happens to everybody and that it will be ok for me
3. Puberty for boys	H2, H3, H34	I can describe how boys' and girls' bodies change during puberty	I can express how I feel about the changes that will happen to me during puberty
4. Conception	H34	I understand that sexual intercourse can lead to conception and that is how babies are usually made I also understand that sometimes people need IVF to help them have a baby	I appreciate how amazing it is that human bodies can reproduce in these ways
5. Looking Ahead 1 Puzzle Outcome: Change Cards	H4, H34	I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent)	I am confident that I can cope with the changes that growing up will bring
6. Looking Ahead 2	H1, H4	I can identify what I am looking forward to when I move to my next class.	I can start to think about changes I will make next year and know how to go about this.



### Changing Me

Changes on the Inside PowerPoint Slides 1-4 - Ages 9-10 - Piece 2



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