

Friday 29th April

Dear parents and Carers,

From September 2020 it became compulsory for all primary schools to have Relationships Education in place for our children. As a primary school, we have an obligation to teach children from Year 1 to Year 6 about aspects of relationships throughout the whole year. The key parts of this curriculum are:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

In addition to the above, we have decided as a school to teach SRE -Sex, Relationship Education, during the summer term throughout the school. We will use the Science National Curriculum to explore the compulsory content of external body parts, the human body as it grows from birth to old age, puberty and reproduction in some plants and animals. We have also decided to use the Jigsaw PSHE scheme of work to supplement this content further. As a school, we strongly believe that this is an important aspect of a child's education, as it explores what a healthy relationship is, the correct name for body parts and how our bodies change as we grow older. The Jigsaw scheme of work supplements the National Curriculum and builds up year by year, at an age-appropriate level. This part of the curriculum is not compulsory, but we believe it is very important.

As a parent or carer, you do have the right to request your child is removed from parts of the Sex Education programme, but we feel confident that the content is both relevant and age-appropriate for each year group. It is important to clarify that withdrawal of your child would only be considered for the content that is not part of the statutory Science National Curriculum, which includes content on human development, including reproduction.

To help you understand what will be taught in the Summer term, an overview of the content has been attached below. We wanted to share with you what is planned to be taught, so you can look at this in depth and to prepare to support your child with this content, should they want to discuss this further at home. I have also attached some example images, the teachers will be using.

We also thought it would be useful to parents, for the teachers to inform you of the week they plan to teach this curriculum next term, so you can be prepared to support your child further. An email will be sent the week before to give you notice of this content.

If you would like to discuss this further with either myself, or your child's class teacher, please do not hesitate to call our school office on the number above to make an appointment.

Kind regards,

Claire Roberts
Associate Head of Academy



Changing Me Puzzle Map - Ages 8-9

Piece (lesson)	RSHE guidance reference	PSHE Learning Intentions	Social and Emotional Skills Learning Intentions
1. Unique Me	R1, R2, R3, R4, R27	I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm	I appreciate that I am a truly unique human being
2. Having a Baby	R1, R2, R3, R4, R26, H34	I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby	I understand that having a baby is a personal choice and can express how I feel about having children when I am an adult
3. Girls and Puberty	R26, H34, H35	I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this	I have strategies to help me cope with the physical and emotional changes I will experience during puberty
4. Circles of Change Puzzle Outcome: Circles of Change	H4	I know how the circle of change works and can apply it to changes I want to make in my life	I am confident enough to try to make changes when I think they will benefit me
5. Accepting Change	H2, H3	I can identify changes that have been and may continue to be outside of my control that I learnt to accept	I can express my fears and concerns about changes that are outside of my control and know how to manage these feelings positively
6. Looking Ahead Assessment Opportunity		I can identify what I am looking forward to when I move to a new class	I can reflect on the changes I would like to make next year and can describe how to go about this

